Amstel Expats

Local Support - Learning Dutch - Expat Wellbeing



"Making life easy for internationals living in the Netherlands."

"Having lived and worked in several countries, I experienced the trials and tribulations of the international relocation process myself."

"Raising a bilingual family in my home country, made me appreciate the importance of local communications in order to feel connected."

Monique den Haan, founder of Amstel Expats.

Contact Monique directly +31(0) 6 497 68 628 info@amstelexpats.nl

Or visit our website: www.amstelexpats.nl



Amstel Expats is based in Amstelveen on the border of Amsterdam.

We look forward to discussing your personal needs and to meeting you in the near future!

Boost Your Dutch Courses



"Learning Dutch is fun & using Dutch in practice enriches your local life."

Since almost everybody speaks English, many internationals never get round to taking Dutch lessons and the ones who do often struggle to use Dutch in real life. Now there is a new, innovative method: Boost Your Dutch.

Boost Your Dutch is specially developed to help internationals overcome the hurdles of getting to grips with the Dutch language.

The Boost Your Dutch approach

- •Custom-made materials
- No books required
- •Lessons are very interactive
- •No-stress/friendly atmosphere
- •Instruction individually or in small groups

Our Dutch courses focus on using Dutch in practice. Dutch courses are held at training facilities in Amstelveen but also at business premises. Join us & talk Dutch from Lesson 1.

Relocation Coaching Packages





"Relocating to another country is exciting, challenging and there is much to organise."

Some internationals expect the Netherlands to be easy to settle into. They are surprised to learn that it can be difficult and timeconsuming to find your way locally.

After arriving in the Amsterdam region, you will have to rebuilt your professional and personal life. Bringing over a partner and/or family might cause extra concerns, as you are looking to ensure they settle smoothly into their new surroundings.

Amstel Expats Coaching Packages

are ideally suited to help you with local issues and queries. We make sure you have an experienced and trustworthy contact person to advice you.

Our aim is not to take over your life, but to help you get organised and settle-in quickly, so you will enjoy your life in the Netherlands.